



ZAHYRA

A FREE GIFT FOR THE GODDESSES

Melanin Goddess Affirmations & Journal

"Her Name Is Legacy" Edition

Twelve affirmations and seven reflections, drawn from Melanin Goddess Remembers — for every woman remembering her worth, embracing her power, and becoming exactly who she is.

REMEMBER · HEAL · BECOME · BLOOM · CELEBRATE · LEAD · EXHALE

AFFIRMATION CARDS

Speak These Into Being



UNSTOPPABLE MELANIN

I am unstoppable — made of melanin, momentum, and every version of me that refused to quit.



SHE REMEMBERS

I remember my worth before anyone else gets the chance to redefine it.



BECOMING ZAHYRA

I am allowed to become someone new without apologizing for who I used to be.



LEGACY WRITTEN IN GOLD

My legacy is already written in gold — I only have to live it out loud.



MIDNIGHT HONEY

I keep something sweet for myself, even in the rooms no one else sees.



BLOOM ANYWAY

I bloom anyway — with or without permission, on time or in my own.

AFFIRMATION CARDS

Speak These Into Being



MELANIN ON FIRE

My melanin is not a trend. It is a testimony, and it is still burning.



SOFT LIFE BOUNCE

I choose softness as strength, not surrender — my ease is earned.



MIDNIGHT MANIFESTATION

What I speak at midnight, I watch arrive by morning.



AFFIRM THAT

I am worthy, whole, and enough — today, and not because I proved it.



HER NAME IS LEGACY

Her name is legacy. Her name is mine.



SOUL RICH

I am rich in soul before I am rich in anything else.



THE JOURNAL

Her Name Is Legacy

Before the crown, there was only the girl who forgot. Every goddess begins that way — in the dark, mid-forgetting. These seven prompts follow the same path Zahyra walked: remembering, healing, becoming, blooming, celebrating, leading, and finally, exhaling.

Take one prompt a day, or sit with all seven at once. There is no wrong way to remember yourself.

Write It Back Into Your Own Words

01 REMEMBER

What is one truth about yourself the world once talked you out of? Write it back into your own words.

02 HEAL

Name a version of you that you no longer have to be. What are you finally allowed to put down?

03 BECOME

If no one was watching and no one could be disappointed, who would you become next?

04 BLOOM

Where in your life are you blooming quietly, even if no one has noticed yet?

Write It Back Into Your Own Words

05 CELEBRATE

What have you survived, built, or become this year that deserves to be said out loud?

06 LEAD

Where in your own life are you waiting for permission you're actually allowed to give yourself?

07 EXHALE

What are you ready to release tonight so tomorrow can start lighter?



A CLOSING WORD

*I exhale what no longer serves the woman I'm becoming — and I hope, wherever you are,
you find one line here that lets you exhale too.*

Thank you for remembering with me.

— **Zahyra**

MELANIN. POWER. PURPOSE.